(By REV. P. B. SITZWATER, D. D. Teacher of Emplish Bible in the Moody Bible Institute of Chicago.) (Copyright, 1918, Western Newspaper Union.)

> LESSON FOR JUNE 23 TRIUMPHANT OVER

DEATH. LESSON TEXT-Stary Mai-20.

GOLDEN, Time T-Stow in Christ risen from the dead.—I Corinthians 15:30.

ADDITIONAL MATERIAL FOR TEACHERS—Matthew 28:1-37; Euke 23:36-38:12; John 28:128; I Corinthians 15:1-58; I Thermidorium 18:18.

The substant (U.B. PRIMARY: TOPIC—Jesus' power over death.—Rank E. 18:20.
INTERPOLEDIATE TOPIC—The living

SENIOR AND ADULT TOPIC-Christ's resurgesignand the Christian's assurance of immortality.

1. The Ministry of Love (vv. 1-4). 1. By whom (v. 1).

Mary Magdalene, the mother of James and Salome.

2. When (v. 2). Marly in the morning, the first day of the week.

(8) Their perplexity (vv. 3, 4). They questioned as to who should Foll away the large stone from the the front are utierly without for mouth of the tomb. To their surprise they found the stone removed. They, like us, find their difficulties are removed before they come to them. If they had believed him, their anxieties and sorrows would not have been.

II. The Angel in the Tomb (vv. 5-8). Jesus knew that these women would come to the sepulcher with unbelieving hearts, so he had an angel waiting there to announce to them the fact of are helped out of doubts and difficulties by an angel which the omniscient | cakes with syrup. Lord knew would be needed at a particular time. With such companions and helpers no place need seem lone-ly, and no condition need affright us.

All of this week's menns and recip The angel's message:

1. "Be not affrighted" (v. G). What comferting words these must have been to these bewildered women. The open tomb is the cure for fear; It steadies our hearts when things look dark and we do not understand.

2. "Ye seek Jesus of Nazareth, who was crucified (v. 6). This three-fold designation with

marvelous clearness shows: (1.) His humanity-Jeans.

(2.) Lowly residence-Nazareth. (3.) Ignominious death-crucified.

3. "He is ricen; he is not here; hehold the place where they laid him"

These words throw light upon his birth, humility and shameful death, He who was been in lowly circum stances, and suffered the stangeful death of the cross, is now the conqueror of death. His resurrection gives meaning to his death. If Christ had not risen, then his death would have been meanlagless, "If Christ be not risen, your feith is vain; ye are in your sins" (1 Cor. 15:17).

cour was tell his and Peter" (v. 7)

As soon as it was known that Christ had risen from the dead, they were to tell it to the disciples. Knowledge of Christ's triumph involves the responsibility of witnessing concerning it. The disciples all needed this blessed news, but Peter especially since he had so denied him. Wonderful grace, this! 5. "He goeth before you into Gali-

lee: there shall ye see him" (v. 7). Christ had told the disciples that he would arise from the dead and meet them in Galilee, but their unbelief kept them from this blessed truth. III. The Appearances of the Risen

Christ (vv. 9-14). These appearances had as their object the restoration of the disciples from their awful failure and discouragement and the convincing them, without the peradventure of a doubt, of Christ's resurrection. Since his resurrection was to be the central theme of apostolic preaching, it was necessary that they have certainty of knowledge as to this matter (Acts 1:3). Without the resurrection of Christ, his death would be meaningless. Out of the ten or more appearances, Mark selects three.

1. To Mary Magdalene (vv. 9-11). Mary's heart responded to the Saviour's gracious deliverance of her from demons. Her sufferings were no doubt terrible. She is the first to the tomb. Her devotion is amply rewarded by being the first to meet the risen Lord. Light will surely come to the heart that really loves the Lord, though the faith is weak. She went at once and told the sorrowing disciples, but they refused to believe.

2. To two disciples on the way to Emmaus (vv. 12, 13).

Luke gives full particulars concerning this appearance. Jesus had walked, talked, and eaten with them, convincing them that the Lord is risen indeed (Luke 24:13-35). The testimony of such is trustworthy.

3. To the eleven disciples (v. 14). IV. The Commission of the Risen Lord (vv. 1648).

After the disciples were convinced of the truth of his passweethen, Gibbs and them forth to "preach the Gospel to many creature."

What a glorious and supreme task is this! "He that believeth and is bap-tized shall be saved; but he that believ-sta not shall be damned (v. 18).

V. The Activity of the Enthrened Chelet (vv. 19,30). After giving the disciples their com-mission, he ascends on high, and from the unsum glasse directs their activi-

the unsum gibbse disects their activi-ties. Wherever they went he con-firmed their word. the state of

Just Right.

Father-You're late again, Sylvia, This won't do you know. You must iall that young man of yours that late hours are bad for one!

Sylvin All right, dad! But they for two: Casselle SaturDOGS OF WAR CHARGE MACHINE GUNS



The dogs being trained by the Laish army to act as despatch-bearers -

us will charge directly into a linsoldiers firing volleys from ride I mechine guns. Gas attacks, gra-

and hombs do not feare them. photograph shows British dogs training ch / ng a line of firing

LOYALTY MENUS

By revising their breakfast menus the housewives of this country could immediately reduce the consumption of wheat to a noticeable extent. Many persons crave two or three kinds of cereal foods for breakfast. Some men, lacking a meat meal in the

morning, fancy that they are not fortihis resurrection. How many times we fied for work unless they eat calmeal and cream, toast and coffee and wheat This is extravagant, and housewives can, with only a little study and effort.

All of this week's menns and recipe are wheatless and beefless! SUNDAY.

Break fist: Berries, barley grits nd milk, omelet, caffee.

Dinney: Roast lamb with basen as baked pointoes, now poss, radished and lettuce with french dressian. cherryshort cake (vice floor crass). Supper: English Coleannon, placapple tholica with cream, iced tea. MONDAY.

Breakfast: Berries, cornwast much and milk, coffee, (with may be mik coffee, cooked in firefers.)

Luncheon: Bolled rice and chance with encumbers, tea. Dinner: Lamb en casserolle with



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Proof that Some Women

do Avoid Operations

Mrs. Etta Dorion, of Ogdensburg, Wis., says:

"I suffered from female troubles which caused piercing pains

| baked pointoes, strawberry tark outonlyna or other vegetables, Belgian meal crust.

TUESDAY Breakfast: Sliced bananas or other fruit, boiled rice cakes and syrup,

Luncheon: Cottage cheese roll. tirco salad, leed tea. Dinner: Fish loaf (with potstoer) fixed salad of green vegetables, berr shortcake with rice flour crust. WEDNESDAY.

Breakfast: Raspberries, catment ad milk, colleg.
Lancheon: Escalisped potatoes and gge, barloy drop biscuit, tea. Direct: Italian mutton stew, boiled pointnes, rye rolls pineapple shredded

THURSDAY. Breakfast: Fried much and syrup. nelson: Potatoes creamed with

Monte, string bean saimi, ten. Diagoni. Peri chape, muched notatoes, fried engplant, strawbarries and cream, tes. FRIDAY.

grant, puffed rice and

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ng remedy to relieve many

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arcalest fine in a woman's life for over half a century.

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pains are among the disheartening and distributed by experiences we man everywhere say they entherly experiences we man everywhere say they entherly experiences we man everywhere say they extrely experiences the medical secretary, many of the decaded symptoms to familiar to a rost of women.

By regular use throughout the peried the muscles expand easily when help is born.

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By regular use throughout the peried the muscles expand easily when help is born.

By regular use throughout the peried the muscles expand easily when help is born.

subination vegetable saind, cocoa.

naishea, ter young onions, pincapple gelatin with ing. Sec. cream, iced tea.

One of the best grades of Italian heese is sold only after it has been casoned for at least four years. I the country is in the hands of fami-

The United States had no Ambassclared, relations having been broken Hall. First ward. off two months before, and Ambassador James W. Gerard having received his passports.

The first stramboat on Lake Erie, the Walk in too Water, was launched at Black Rock, a short distance below Buffalo, just 100 years ago. She made her maiden voyage from Buffalo to Detroit in the following August.

Order of Owls-Pairmont Lodge No. 1622. Meets every Thursday in old K. of P. Hall, McKinney Bldg. W. H. Randolph, Sec'y,

Brotherhood Railroad Carmen of America meets every Wednesday Knights of Columbus-Fairmont Counevening at Red Men's Hall at 7:30.

Woman's Benefit Association of the Maccabec's-Marion Review, 30, meets every Wednesday evening in Willard Hall, Fairment avenue, Mrs.Olive E. Harden, record keeper.

Pythian Sisters-Mountain City Temple No. 5, meets every second and fourth Tuesday evening in K. of P. Hall in the Fleming Building. Millie K. Evans, M. of R. and C.

knights of the Golden Eagle - Musgrave Hall. Meets every second and fourth Thursday of each month. J. L. ishackelford, Master of Records.

darion Auxiliary to the Ecotherhood of Railroad Trainmen meets every cond and fourth Thursdays of each month in the Maccabees' hall at 2 p. re Fresident, Minne Hovatter; sec-citary, Mrs. Ward Hager; treasurer, Irs. Jonnie N. Hupp.

W. C. T. U .- Regular meeting third Tuesday at 7:30 p. m. Mothers' lub meeting first Tuesday afternoon at 2:20 o'clock. President, Mrs. W. D. Evans; treasurer, Mrs. A. L. Menear; secretary, Mrs. J. H. Beckman,

Royal Neighbors - Scaton Camp meets first and third Tuesday evening in the Skinner building. Miss Dalsy Adams, secretary.

Order Railway Conductors - Meets every first and third Sunday in Red Men's Hall at 2:30 p. m. F. H. Brumage, secretary.

Knights of Malta - Mountain State Commandery No. 446, A. & I. O., Knights of Malta, meets every Thursnav evening at 7:30 in third floor Cun pingham building. Eminent Sir C. K. Hoyer; Sir Knight Commander, Sir T. ands of women no longer resign them. E. Minear, Worthington, W. Va., secre-

> Ladies' Order Golden Link-Meets in Modren Woodmen Hall, Skinner Build-

last Friday of each month in the fleming Bldge. President, Dr. L. C. Holland; vice president, Dr. L. D. Howard; recretary, Dr. H. R. Johnson; treasurer, Dr. W. H. Sands; board of Censors, Drs. L. N. Yost, J. E. Offner. Wm. F. Loyers; delegates to West Virginia State Medical Association, Drs. H. H. Carr, A. L. Peters; alternates, Drs. E. P. Smith, C. W. Wad-

Protherhood Railway Trainmen-O. C. Willis, president; E. D. Holden, secretary. Meets second Sunday of each n.onth at 1:30 p. m. and last Sunday of each month at 7:30 p. m., in the Rea

Loyal Order of Moose - Fairmont Lodge No. 9. Meets every Wednesday evening at 7:30 p. m. in Cunning ham Hail. Ray D. Harden, Sec'y.

Modern Woodmen of America-White Camp No. 5473, Modern Woodmen of America. Meets every Friday evening at their hall in the Skinner Bldg. R. Leign Fleming, clerk. Modern Woo'lmen of America Monongahela Camp, No. 14627. Meets every Monday, 7:30 p. m. Hall on Merchant St. Ralph Courtney, clerk.

The Protected Home Circle-Fairmont Circle No. 616. . Meets every Mon-day evening at 7:30 in the Maccabee's hall, Main street.

A. O. U. W .- Meets on the second and fourth Monday in each month. J. H. Kinkead, Rec.; W. A. Crowi, Rep. G. Lodge. Degree of Honor, auxiliary to the A. O. U. W., meets first and fourth Monday of each month. Mrs. A. P. Jones, Lady Chief of Honor.

B. P. O. E .- Fairmont Lodge No. 294, at 7:30 o'clock. Charles D. Barry, Sec., 228 High street.

1. O. O. F .- Marion Lodge No. 11. Meets every Tuesday in Odd Fellowa Hall. W. S. Pitzer, Sec. Palatine Ledge No. 84. Meets every Wednesday evening at 7:30 o'clock in Od1 Feillows Hall, corner Main and Monroe streets. H. W. Stoneking, Sec'y. Mountain City Encompment No. 5. Meets in Odd Fellows Hall on the first and third Fridays of each month. C. H. Riggle, Scribe. Patriarchs Militart. Meets in Odd Fellows Hall Thursday evenings. J. C. Glasscock. Captain; W. S. Pitzer, Clerk.

Daughters of Robekah-West Virginia Lodge No. 64. Meets every Monday night at 7:30 o'clock at Odd Fellows

Luncheon: Coraflour shortcake, Masonio-Fairmont Lodge No. 8, Mosta | in Masonic Temple first and third; dent; B. L. Butcher, Secretary; J. O. Dinner: Fried fish with cabbage Mondays in each month. Francis E. naiad, peas (or string beans), potatoes Nichols, Sec. Orient Chapter No. 9, R. au gratin, cherry tarts (oatmeal crust) A. M. Meets in Masonic Temple secend Monday of each month. Francis Breakfast: Oatmeal and sliced F Nichols, Sec. Crusade Commandery bananas with cream or milk, coffee. No. 6, K. T. Meets in Masonic Temple Luncheon: Potato and fish cakes, every fourth Monday. Francis E. Dinner: Tuna fish with cucumber 34, O. E. S. Meets in Masonic Temple sauce, boiled pointoes, new beets, first and third Thursday. Helen Flem-

Fridays of each month in K. of P. Hall. rcom. Barrackville, every Tuesday Seventy-live parcent of the wealth L. O. of R. M .- Setting Sun Tribe No. evening. 16. Moets each Thuraday evening les receiving incomes of \$9,500 or at Red Men's Hall, First ward. H Ernest Hawkins, K. of R., 188 State treet, First ward. | Woneta Council No. 6. Degree of Pocahontas Meets ador in Germany when war was de- every Friday evening at Red Men's

> Library Association-The Board of Di rectors of the Fairmont Public Library Association meets in the Library Parlor the first Monday evening of each month at 7:30 o'clock. The officers are: President, Mrs. N. R. C. Morrow; vice president, Mrs. George DeBolt; secretary and treasurer, Mrs. J. Walter Barnes. Other members of the board are: Mrs. Jennie Engle. Mrs.

Ladies Auxiliary of the Brotherhood of R. R. Trainmen. -Meets in the Modern Woodmen of America Hall in the Skinner Building the second and fourth Thursdays of each month at 2 'cilck. Minnie Hovatter, Pres., Maud Hager Secretary.

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cil meets every Monday in old Ma-W. F. Gantz, Pres.; G. A. Sperling, Re- sonic Hall, corner Main and Madison streets. James T. Murphy, recording secretary, 14 McKinley St

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American Insurance Union-Meets each second and fourth Tuesday of the month in the K. of P. Hall on

First Street. J. M. Hartley, presi-

Walten, treasurer. . K. O. T. M .- Showalter Tent No. 7. Meets every Friday evening in Mo-Kinney Bldg.

Knights of Pythias - Mcuntain City Lodge No. 48. Meets in Third floor, Fleming Bldg., Thursday evenings, 7:30. P. H. Hall, Master of Finance; R C. Miller, K. of R. and S. Marton Lodge No. 21. Meets at Market and Ladies of Modern Maccabees - Dent Merchant streets, First ward, every Hive No. 753, Ladies of the Modern Tuesday evening. Monumental Lodge Maccabees. Meets the first and third No. 201. Meets in Pythian Lodge

> Men's Colden Links-Order 10, meets every Monday evening in Cunningham Hall, Ruler, E. O. Wood; secretary, L. P. Halstead.

> Council No. 497, United Commercial Travelers, meets first Saturday evening in each month in Maccabee Hall. L. E. Bennett, Sec'y.

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